

# 2018

#### A YEAR OF JOY MANIFESTING CALENDAR

## OUR INTENTION

The Wheel of Creation is put into motion by the thoughts that ignite emotion within you. What you think/feel becomes your life. You are a powerful being, so choose your thoughts wisely soul sister.

#### END OF YEAR OVERVIEW

2018 was an 11 year, and it is coming to a close. The number 1 is always new beginnings, energetic, determined, innovation, originality, and creativity. ONE is a master manifesting number, thoughts quickly become reality when we are in its vibrations. So you're reminded to to be careful of what you think, feel, say, and do. An 11 is a doubling of the "1" energies which has made 2018 a powerful year for starting something new.

The universal archetype for 2018 is Strength/Lust as depicted in the Thoth Tarot deck. Here, you see a naked woman riding a mythical beast. She's conquered her fears and is the personification of creativity, energy, determination, and originality and so she shines (Lustre). Her Strength comes from her willingness to be vulnerable.

Spirit has been asking you, "What is your heart's desire, my beloved? What have you been dreaming of?" If you're new to the JoyCode community, that's alright. You can set your heart's desire intentions now, today. There are no regrets. Your timing is perfect. Allow the energy of the double 1 help to nourish you.



## DECEMBER

#### BE RENEWED IN SPIRT

In general, the energy of December is one of exuberance, as 12 or 1+2=3. The number "3" is charismatic, social, and energetic.

The archetypal energies of December is the Hierophant. This card represents the Father– Power, Mother–Intuition, Child–Creative Principle.

When I meditate on the confluence of energies, that is, the close of an 11 year, December as a 3 month, and the universal archetype 5 (Hierophant), I am drawn to the natural creativity, exuberance, and innocence of the child. The dark side of this, of course can be immaturity and one who is easily fooled and can fall into despair.

Spirit is telling me that it is important that we see things with new eyes, with the eyes of innocence which means "freedom from guilt." Spirit is also telling me that this desire to see things in a new way will allow you to put down your burdens. Be renewed in the Spirit, as this will bring you much joy.

#### NEW MOON: DECEMBER 7

Symbolically this is the dark moon just before we enter the longest night of the year, Winter Solstice in the Northern Hemisphere and the longest day of the year, Summer Solstice in the Southern Hemisphere. Which means it is an ideal time for being in the womb of Spirit and reborn as your beautiful authentic self.



## SACRED CEREMONY #1

Take a cleansing bath with Epsom salts or sea salt and your favorite essential oils. If you don't have a bathtub, then soak your weary feet in a pot of salts and oils. Light candles make a cup of tea or have cucumber and mint infused water. Oh yes, This is your opportunity to let go of everything that isn't serving you.

#### WAXING MOON: DECEMBER 8TH-21ST

During the time of the waxing moon it's a time to be grateful. Gratitude will restructure your unconscious mind so that you are able to see clearly, freeing yourself from the conditioning and disappointments of your past.

### SACRED CEREMONY #2

Each day for 12 days after the new moon, write down three to five things (can also be people, places, situations, whatever) you are grateful for and WHY you are grateful for them. Make it is easy. So, for example: "I am grateful for YOU because it allows me to share my love and passion for Spirit with beautiful like-minded people".

#### WINTER SOLSTICE: DECEMBER 21ST FULL MOON: DECEMBER 22ND

This is a time of celebration! You're leaving everything behind emotionally, mentally, and spiritually that's weighed you down. You've cleansed yourself and set an intention for renewal at the new moon, **you've expanding your heart chakra** through the 12 days of giving thanks, and now it's time to celebrate because your rebirth is at hand! Have a party, go to a party, dance in the moonlight, whatever inspires you. It's your night to celebrate YOU!

#### SACRED CEREMONY #3

Before you party, take 15 minutes to:

 Write down your biggest lesson from the past year and why it's important,
Next, write yourself a thank you note. Be sure to tell yourself how wonderful you are! When you're done, put your thank you note away somewhere safe. Then set a reminder to read it to yourself in 30 days.

#### WANING MOON: DECEMBER 24TH

Now's the time for rest and renewal as you begin to think about this new glorious year that is coming. You've done much work, and the days will be getting longer and brighter for you on the Northern Hemisphere and shorter and darker for those on the Southern Hemisphere.

#### SACRED CEREMONY #4

Next year is a year of surrendering to deeper love and releasing ego. To prepare for it **write down one fear that you'd like to release**. It could be fear of being vulnerable, fear of not having enough money, fear of ageing and/or dying, it could be fear of cellulite. Whatever it is, it's personal and totally up to you.

Next, read it to yourself a loud three times. "I release my fear of ......"

Next, tear it up and burn it. The faster it burns the more readily you're willing to let go and transmute the energies

Finally, Flush the ashes down the toilet or throw them away.

Write down your intention. You can include an intention for the upcoming year and a supporting intention for the month.

Sacred Ceremony 1: What are you releasing? What isn't serving you? Scan your energy, how do you feel after your cleansing?

Sacred Ceremony 2: Day 1. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 2. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 3. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 4. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 5. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 6. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 7. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 8. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 9. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 10. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 11. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 2: Day 12. Write down 3 to 5 things you are grateful for and why you are grateful for them.

Sacred Ceremony 3: Write down your biggest lesson from the past year and why it's important.

Next, write yourself a thank you note. Be sure to tell yourself how wonderful you are! When you're done, put your thank you note away somewhere safe. Then set a reminder to read it to yourself in 30 days.

Sacred Ceremony 4: Release your biggest fear! Write it down then follow the instructions above.



UNLOCK YOUR CODE. LIVE YOUR JOY!

#### **CREATED BY KRISTA ARTHUR**

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